



2017
#mybestself

15%
off



December - I am my best self

How have I changed this year?

1. _____

2. _____

3. _____

4. _____

5. _____

What has stopped me?

Things that helped me succeed; and people and actions that helped:

My intention this month is to review the year to see if I have changed for the better.

This includes: identifying which actions and behaviours I am going to carry forward into 2018.

My personal mantra for the month is:-

Feel inspired every day
www.mantrajewellery.co.uk



I am my best self

December

M	T	W	T	F	S	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31